

DIAS ÚTEIS		
TVS		VIDA NOVA
05:00		04:30
05:24		04:42
05:48		04:54
06:12		05:06
06:36		05:18
07:00		05:30
07:24		05:42
07:48		05:54
08:06		06:06
08:24		06:18
08:42		06:30
09:00		06:42
09:18		06:54
09:36		07:06
09:54		07:30
10:12		07:45
10:30		08:06
10:48		08:24
11:06		08:42
11:24		09:00
11:42		09:18
12:00		09:36
12:18		09:54
12:36		10:12

SÁBADOS		
TVS		VIDA NOVA
04:58		04:40
05:16		04:58
05:34		05:16
05:52		05:34
06:10		05:52
06:28		06:10
06:46		06:28
07:04		06:46
07:22		07:04
07:40		07:22
08:05		07:40
08:40		07:57
09:15		08:23
09:50		08:58
10:15		09:33
10:30		10:08
10:50		10:33
11:07		10:48
11:25		11:08
11:43		11:25
12:01		11:43
12:19		12:01
12:37		12:19
12:55		12:37

DOMINGOS		
TVS		VIDA NOVA
05:00		04:40
05:35		05:18
06:10		05:53
06:45		06:28
07:20		07:03
07:55		07:38
08:30		08:13
09:05		08:48
09:40		09:23
10:15		09:58
10:50		10:33
11:25		11:08
12:00		11:43
12:35		12:18
13:10		12:53
13:45		13:28
14:20		14:03
14:55		14:38
15:30		15:13
16:05		15:48
16:40		16:23
17:15		16:58
17:50		17:33
18:25		18:08